



## Activity Sheet 35

# Travel Time Budgets

### Purpose

The purpose of this activity is to explore the transport activities carried out by a household within a 24 hour period, and how this compares with other household activities. Daily transport profiles may be prepared for men and women separately, as well as for children. This exercise also provides an analysis of division of labour within a household.

This method may be used when carrying out household surveys.

### Group Activity

1. Draw a 24-hour clock on a flipchart for a given member of the household.
2. Write on the clock the key activities carried out, including transport activities.
3. Estimate how much time is spent on each activity.
4. Prepare to present your findings to the plenary.





A day in the life of.....

24 Hour Clock

